

2009_ChinookHalfIronman_Olympic_AgeGroup

5th Annual
Chinook Half Ironman Triathlon
Calgary, AB
June 20, 2009

780-416-5124

Timing by "Results Canada"

Olympic Age Group Results

Men 18-29 Category - Half Ironman Results

Place	Run	Numb	Name	City	Swim	Bike	Run
1	2:08:02	548	Leif Baradoy	Calgary	24:07	1:04:48	39:09
2	2:13:30	546	Matt Dean	Edmonton	26:38	1:06:27	40:26
3	2:14:02	634	Brad Kohlsmith	Calgary	24:36	1:08:39	40:48
4	2:19:34	600	John Sasso	Calgary	26:35	1:10:38	42:22
5	2:27:14	682	Andrew Clark	Calgary	28:41	1:14:02	44:33
6	2:29:57	526	Brain Hrynkow	Sherwood Par	27:46	1:12:01	50:11
7	2:31:33	636	Mike Whittle	Calgary	32:07	1:10:17	49:11
8	2:32:32	702	Trevor Gair	Calgary	28:57	1:17:25	46:10
9	2:38:38	516	Tyler O'Bryan	Calgary	26:30	1:20:19	51:50
10	2:40:35	684	Travis O'Farrell	Calgary	32:24	1:13:10	55:02
11	2:49:52	627	David Paquette	Calgary	29:08	1:13:52	1:06:52
12	2:50:09	718	Chris Bruton	Calgary	32:16	1:18:24	59:30
13	2:51:40	719	Adam Lonseth	Calgary	29:12	1:21:21	1:01:08
14	2:53:18	615	Brent Seefried	Calgary	38:37	1:19:06	55:35
15	2:54:41	685	Paul Cary	Calgary	36:42	1:29:49	48:10
16	3:04:37	515	Phillip Du Plessix	Calgary	36:13	1:28:49	59:37

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17	3:08:06	542	Trevor O'Bryan	Calgary	23:49	1:37:05	1:07:13
18	3:10:29	544	Blair Nielsen	Red Deer	55:37	1:24:12	50:41
19		709	Jodan Hons	Calgary	31:55		

Men 30-39 Category - Half Ironman Results

Place	Run	Numb	Name	City	Swim	Bike	Run
1	2:06:06	629	Trevor Katelnikoff	Calgary	24:02	1:02:59	39:06
2	2:11:25	641	Shannon Wicks	Calgary	24:46	1:04:16	42:24
3	2:16:50	723	Bo Simpson	Calgary	22:09	1:09:19	45:23
4	2:18:12	589	Michael Waldhuber	Calgary	28:03	1:08:37	41:34
5	2:18:58	661	Ted Cochrane	Calgary	26:34	1:06:00	46:24
6	2:20:38	560	Lee Butler	Calgary	28:26	1:08:00	44:13
7	2:21:28	693	Chad Rieger	Calgary	25:21	1:10:39	45:28
8	2:23:11	713	Sean Boucher	Calgary	26:37	1:10:43	45:52
9	2:23:30	524	Sean Messing	Calgary	29:02	1:07:12	47:16
10	2:23:57	568	Scott Dymond	Calgary	28:19	1:11:32	44:07
11	2:30:35	630	Dion Smith	Airdrie	29:41	1:14:30	46:25
12	2:31:27	605	Wayne Young	Calgary	33:19	1:13:05	45:04
13	2:31:40	691	Joey Roa	Calgary	35:38	1:10:35	45:27
14	2:32:02	619	Faizel Sunderji	Calgary	33:58	1:12:15	45:50
15	2:32:09	583	Lee Watkins	Okotoks	31:56	1:10:59	49:15
16	2:33:00	690	Shayne Perrin	Calgary	34:02	1:14:33	44:25
17	2:34:31	580	Cesar Martin	Calgary	36:41	1:12:18	45:33
18	2:35:45	574	Eduardo Gomez	Calgary	31:46	1:17:41	46:19
19	2:35:58	672	Shane Hoogenboom	Calgary	30:01	1:14:59	51:00
20	2:36:09	535	Nolan Sackney	Calgary	27:57	1:18:23	49:50
21	2:36:26	638	Ante Petricevic	Calgary	39:34	1:12:17	44:35
22	2:37:58	532	Jeffery Cameron	Airdrie	34:40	1:13:50	49:29
23	2:38:53	528	Kent Jenkins	Calgary	36:19	1:16:11	46:23
24	2:39:43	669	Mike Ridling	Calgary	29:58	1:19:02	50:44

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25	2:40:51	711	Mike Nash	Calgary	29:42	1:21:45	49:24
26	2:41:18	632	Jason Chow	Calgary	33:25	1:13:29	54:25
27	2:42:13	667	Philip Grout	Okotoks	29:26	1:17:14	55:34
28	2:42:50	643	Paul Schwanke	Calgary	31:38	1:18:45	52:28
29	2:43:58	701	Curtis Cook	Calgary	28:15	1:21:26	54:18
30	2:45:38	500	Mark Tonner	calgary	36:54	1:21:06	47:39
31	2:46:38	539	Paul Williams	Calgary	38:49	1:17:23	50:28
32	2:47:17	654	Scott Mann	Medicine Hat	35:16	1:20:48	51:14
33	2:47:49	511	Stephen Mann	CALGARY	38:02	1:18:15	51:34
34	2:48:26	509	Colin Cochran	Calgary	36:51	1:20:19	51:18
35	2:48:56	545	Carlin Doeksen	Red Deer	31:36	1:22:38	54:42
36	2:49:20	624	Phil Doucette	Calgary	46:42	1:21:01	41:39
37	2:50:44	714	Darren Singleton	Calgary	33:00	1:21:09	56:36
38	2:51:24	674	Steve Glanville	Okotoks	35:31	1:21:30	54:25
39	2:52:16	604	Jim McFadyen	Okotoks	35:49	1:18:00	58:27
40	2:52:34	628	Trevor Cochran	Calgary	29:52	1:21:58	1:00:45
41	2:54:20	558	Webster Mundy	Calgary	43:31	1:15:58	54:52
42	2:54:59	584	Troy Sedgwick	Calgary	29:45	1:23:17	1:01:58
43	2:57:55	503	Peter Keeshan	calgary	36:13	1:26:04	55:40
44	2:58:51	648	Mark Kondrat	Cochrane	36:27	1:26:45	55:40
45	3:04:49	720	Mark Gillespie	Calgary	33:14	1:24:17	1:07:19
46	3:05:12	688	Tom Caulfield	Calgary	36:07	1:30:32	58:34
47	3:07:16	681	Darshan Dhillon	Calgary	30:39	1:30:37	1:06:00
48	3:11:02	646	Mitch Rathje	Calgary	37:40	1:31:29	1:01:54
49	3:18:25	670	Graham Carter	Calgary	37:43	1:48:27	52:16
50	3:29:12	557	Manjeet Dhillon	CALGARY	46:47	1:36:01	1:06:24

Men 40-49 Category - Half Ironman Results

Place	Run	Numb	Name	City	Swim	Bike	Run
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1	2:09:23	655	Tony Smith	Calgary	22:50	1:04:26 42:08
2	2:17:44	724	Jon Enevoldsen	Norway	32:11	1:05:03 40:31
3	2:18:13	631	David Noonan	Okotoks	25:26	1:07:34 45:15
4	2:20:36	614	Stan Wiens	Calgary	27:37	1:08:53 44:07
5	2:26:01	590	John Monk	Canmore	31:12	1:10:12 44:38
6	2:26:24	536	James Johnston	Cochrane	28:28	1:06:55 51:02
7	2:28:10	657	Mike Trofimuk	Calgary	33:35	1:06:35 48:00
8	2:28:19	707	Sean Clarke	Calgary	30:06	1:15:05 43:09
9	2:32:49	708	Doug McKeen	Calgary	24:48	1:14:43 53:18
10	2:33:22	537	Glenn Wegner	Strathmore	29:05	1:15:39 48:38
11	2:35:15	555	Stuart Gray	Calgary	26:54	1:15:14 53:08
12	2:38:43	599	Scott Willcocks	Calgary	27:44	1:20:02 50:58
13	2:39:12	586	Dan Morley	Calgary	33:48	1:14:19 51:06
14	2:39:37	551	Brian Murray	Calgary	31:26	1:12:46 55:26
15	2:43:40	502	Gary Bantle	Calgary	27:55	1:18:42 57:04
16	2:43:44	566	Dennis Cranston	Edmonton	31:54	1:19:49 52:02
17	2:46:18	508	Haithem Al-Salam	Calgary	32:25	1:22:36 51:18
18	2:46:50	616	Ross Salmon	Calgary	35:04	1:21:32 50:15
19	2:46:57	525	Ted Wong	Calgary	40:06	1:19:55 46:58
20	2:48:32	518	Ashley Causton	CALGARY	33:03	1:21:28 54:02
21	2:48:54	563	Stuart Hampshire	Calgary	30:05	1:26:21 52:29
22	2:58:45	579	Bob Skoye	Calgary	33:23	1:29:17 56:06
23	3:01:18	656	Stuart Brown	Calgary	31:03	1:26:26 1:03:50
24	3:02:22	507	Todd Pringle	Calgary	33:32	1:24:58 1:03:53
25	3:05:09	611	Ian Goodsell	Calgary	28:05	1:33:18 1:03:46
26	3:09:54	559	Cam Munro	Airdrie	38:40	1:27:47 1:03:28
27	3:11:33	710	Todd Cooper	Calgary	36:15	1:30:39 1:04:40
28	3:19:36	689	Chris Weinhaupl	Calgary	34:01	1:34:05 1:11:31
29	3:22:30	694	Kevin Stanwood	Calgary	39:57	1:30:49 1:11:45
30	3:27:55	633	Luis Cabana	Calgary	38:51	1:37:10 1:11:55

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Place	Run	Numb	Name	City	Swim	Bike	Run
1	2:20:00	652	Murray Macpherson	Calgary	31:57	1:06:08	41:55
2	2:20:24	565	John winterdyk	Calgary	27:57	1:07:52	44:36
3	2:32:37	696	Bob Pritchard	Calgary	33:52	1:15:42	43:03
4	2:35:10	642	Marcelo Sulkin	Calgary	28:27	1:16:43	50:01
5	2:35:25	653	James Wilson	Calgary	30:09	1:15:38	49:40
6	2:37:24	540	George Daniel	Calgary	33:03	1:18:29	45:53
7	2:42:03	620	Shaun Moar	Calgary	36:17	1:14:25	51:22
8	2:55:28	637	Stephen Robinson	Calgary	38:15	1:26:30	50:44
9	2:59:57	588	Dalton Harding	Calgary	38:57	1:26:53	54:08
10	3:02:13	610	Gord Clayholt	Crossfield	56:03	1:16:01	50:11
11	3:09:34	595	Chris Monk	Calgary	41:55	1:27:03	1:00:37
12	3:15:09	577	Mark Gillett	Calgary	39:09	1:36:22	59:40
13	3:16:57	673	Alan Poytress	Fort Macleod	35:44	1:29:50	1:11:25
14	3:18:08	519	Ken Lister	Calgary	41:01	1:37:12	59:55
15	3:32:52	510	Bill way	Calgary	41:44	1:45:02	1:06:07

Men 60 + Category - Half Ironman Results

Place	Run	Numb	Name	City	Swim	Bike	Run
1	3:07:27	554	Gerry Rafferty	Calgary	42:04	1:26:17	59:07
2	3:15:02	594	Scott Clements	Calgary	38:21	1:23:47	1:12:54
3	3:59:15	639	Raymond Colliver	Calgary	37:54	1:46:19	1:35:03

Women 18-29 Category - Half Ironman Results

Place	Run	Numb	Name	City	Swim	Bike	Run
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1	2:33:24	671	Caitlin Pietras	calgary	30:02	1:14:24	48:59
2	2:39:15	675	Brigitte Bedard	Calgary	25:23	1:18:16	55:37
3	2:42:15	660	Kellie Stante	Calgary	31:20	1:24:53	46:04
4	2:44:17	592	Lindsay Manning	Calgary	33:18	1:25:57	45:03
5	2:49:27	602	Krista wells	Calgary	35:58	1:21:24	52:06
6	2:50:15	596	Stephanie Schubert	Calgary	29:42	1:24:04	56:30
7	2:50:22	715	Adrienne Watson	calgary	36:40	1:22:52	50:51
8	2:52:40	665	Catherine Kitscha	Calgary	24:01	1:28:31	1:00:09
9	2:56:44	618	Brittney Maillet	Chestermere	31:55	1:26:17	58:32
10	2:58:41	617	Alexis Magi	calgary	33:24	1:21:45	1:03:33
11	3:04:41	578	Kim Layton	Calgary	37:51	1:27:09	59:42
12	3:05:21	608	Christine Piquette	Calgary	44:37	1:24:37	56:08
13	3:07:19	562	Pamela Bunz	calgary	33:38	1:32:41	1:01:01
14	3:08:58	698	Angela Cubos	Spruce Grove	27:48	1:33:51	1:07:20
15	3:12:34	712	Diana De La Rosa	Calgary	37:18	1:37:24	57:54
16	3:14:44	626	Cathy Stanford	Calgary	31:49	1:28:51	1:14:06
17	3:19:05	567	Amanda Card	calgary	38:02	1:39:59	1:01:04
18	3:20:05	678	Laurie Hansen	Red Deer	33:18	1:38:32	1:08:15
19	3:20:12	530	Vanessa Oliver	Calgary	31:27	1:43:55	1:04:51
20	3:24:28	550	Annie Quinney	calgary	37:16	1:34:46	1:12:27
21		543	Claire Sirois	Calgary	33:53	1:27:39	
22		677	Jennifer Leung	Calgary	30:08		

Women 30-39 Category - Half Ironman Results

Place	Run	Numb	Name	City	Swim	Bike	Run
1	2:08:35	533	Kristina Schultz	Sherwood Par	22:47	1:05:13	40:37
2	2:21:34	531	Sharon Styles	Carstairs	26:41	1:09:43	45:10
3	2:29:16	687	Jodi Bymoen	Calgary	24:38	1:15:52	48:47
4	2:35:05	699	Laura Mackay	Edmonton	30:07	1:18:04	46:55
5	2:36:41	612	Richelle Love	Calgary	30:08	1:15:09	51:25

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6	2:37:50	683	Karen Sargent	Calgary	30:04	1:18:30	49:17
7	2:37:53	512	Alicia Bulmer	Calgary	30:12	1:16:39	51:03
8	2:43:17	582	Dawn Watkins	Okotoks	31:15	1:20:05	51:57
9	2:43:43	549	Allison Stephen	Calgary	33:34	1:18:38	51:32
10	2:43:59	692	Marnie waehler	Calgary	28:16	1:18:32	57:12
11	2:44:52	573	Brenda Gokiart	calgary	30:34	1:23:00	51:18
12	2:53:30	695	Michelle Cooze	Calgary	36:14	1:23:45	53:32
13	2:54:18	700	Jane Cook	Calgary	27:43	1:30:36	56:01
14	2:54:48	581	Natasha Thurston	Calgary	35:50	1:21:31	57:27
15	2:59:28	676	Debbie Wheeler	Calgary	35:17	1:30:00	54:12
16	3:04:39	649	Jo Williams	Calgary	38:18	1:33:49	52:34
17	3:06:42	523	Debbie Messing	Calgary	38:10	1:30:04	58:30
18	3:07:48	517	Melissa O'Brien	Okotoks	30:14	1:27:45	1:09:50
19	3:16:47	622	Christine Forner	Lyalta	33:49	1:32:26	1:10:33
20	3:16:52	585	Lorraine Thirsk	Calgary	34:05	1:32:18	1:10:29
21	3:18:56	686	Trina James	Calgary	43:44	1:35:28	59:45
22	3:20:30	603	Jenn Wilson	Sherwood Par	36:43	1:29:53	1:13:55
23	3:21:52	522	Erica Hatch	Airdrie	35:45	1:37:24	1:08:44
24	3:22:26	609	Heather McInnis	Calgary	57:13	1:29:31	55:43
25	3:49:38	640	Tracy Hillaby	Ponoka	44:20	1:37:43	1:27:35
26	4:04:08	647	Jacqueline Day	Calgary	38:13	2:18:36	1:07:20
27		664	Tanya Zamonsky	Calgary	36:39		

women 40-49 Category - Half Ironman Results

Place	Run	Numb	Name	City	Swim	Bike	Run
1	2:34:47	663	Kari Gregory	Calgary	31:17	1:18:15	45:17
2	2:44:39	570	Suzanne Flannigan	Lethbridge	33:14	1:22:32	48:53
3	2:49:28	613	Lisa Walsh	Calgary	33:32	1:22:00	53:57
4	2:52:15	527	Patty Infusino	calgary	33:40	1:25:39	52:57

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5	2:52:22	721	Carolyn Hiles	Calgary	31:51	1:21:39	58:54
6	2:52:24	722	Cindy Pocza	Calgary	30:57	1:23:56	57:32
7	2:54:23	651	Shona Anderson	Calgary	30:19	1:28:36	55:28
8	2:57:51	662	Karen Johansen	Calgary	35:39	1:25:34	56:39
9	3:02:31	650	Denise Froese	Calgary	33:42	1:28:10	1:00:41
10	3:02:46	529	Lori Dencsak	Calgary	33:17	1:30:45	58:44
11	3:04:05	703	Larissa Hass	Calgary	33:10	1:30:51	1:00:05
12	3:05:35	534	Danielle Jackson	Calgary	35:57	1:24:13	1:05:26
13	3:07:56	572	Colleen Sherry	Calgary	33:22	1:32:39	1:01:56
14	3:09:56	645	Kelly Rathje	Calgary	31:29	1:22:33	1:15:56
15	3:10:00	607	Gerry Proudfoot	Calgary	37:00	1:31:39	1:01:22
16	3:10:11	541	Gail Froehlich	Calgary	33:37	1:27:35	1:09:01
17	3:11:44	623	Debbie MacDonald	Calgary	41:27	1:30:19	59:58
18	3:15:29	697	Janet Pritchard	Calgary	33:26	1:27:14	1:14:50
19	3:22:17	569	Lois Mah	Calgary	46:25	1:35:30	1:00:23
20	3:26:11	679	Cheryl Bell	Calgary	37:29	1:34:02	1:14:41
21	3:26:30	547	Alison Deagle	Calgary	38:30	1:37:20	1:10:40
22	3:27:07	621	Cyndi Ruff	Calgary	38:44	1:36:43	1:11:41
23	3:58:46	575	Michelle Dobler	Calgary	36:35	2:03:14	1:18:58

Women 50-59 Category - Half Ironman Results

Place	Run	Numb	Name	City	Swim	Bike	Run
1	2:41:25	668	Susan Flemming	Sherwood Par	32:07	1:18:20	50:59
2	3:04:33	598	Jennifer Campbell	Calgary	31:10	1:39:32	53:52
3	3:05:55	666	Angie King	Calgary	35:15	1:27:36	1:03:05
4	3:05:58	538	Linda Bradley	Calgary	38:00	1:33:39	54:20
5	3:30:04	521	Bobbie Sheppy	Calgary	41:01	1:42:20	1:06:44

Women 60 + Category - Half Ironman Results

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Place	Run	Numb	Name	City	Swim	Bike	Run
1	3:53:41	644	Nony Hilborne	Calgary	38:11	1:45:25	1:30:06

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