

Chinook Triathlon Festival Saturday June 17th 2017

May 2017 Race Detail Update:

So the race logistics are moving along full steam and I'd like to bring you up to date on the progress

Race Entries:

Currently our numbers aren't where we would like them to be. Of course all race directors would love to have a sellout of their event, but in reality that hasn't been the case over the last few years. I understand that the weak economy in our province is an issue, as well as there is more events vying for your dollars.

We would like to see our numbers at 400 to 500 total, I would consider that a huge success but are numbers are much short of that goal. Currently this is where we are at:

- Half Iron 47
- Olympic 102
- Aquabike long course 3
- Aquabike short course 3
- Half Iron Team 4

We need your help, **PLEASE** tell all your Triathlon friends to register for our race. Tell them all the great swag they will get for entry, Cycling jersey, beach towel, and super large medal for finishing, great quality food (not pizza) and so much more.

For your safety we have:

- 10 City of Calgary Policemen controlling intersections
- 2 RCMP controlling intersections
- 8 certified Flagmen controlling intersections and traffic
- 100's of signs
- All to provide you with the comfort of a safe environment for you to race on.

We need at least another 150 to break even. **Please help**

Start times and procedures:

Procedures for race week and race day:

Transition: #1 location: 185 Midlake Blvd SE @ Midnapore Lake

Transition: #2 location: Southview Alliance Church 20200 Walden Blvd SE

Parking: Southview Alliance Church parking lot

Tentative race pickup:

- Wednesday and Thursday night from 5pm to 7pm and Friday night 5pm to 8pm at 185 Midlake Blvd (Midnapore Lake Residence Association)
- Swim practice times will be announced as we are still working out details, but would be on the same nights as race pick up. The numbers will be limited during each session as the lake allows us to only allow 30 at a time.

Bike Drop-off:

- You will drop your bike off at Bike Transition at 185 Midlake Blvd (Midnapore Lake), in the secured transition area. Security will be monitoring the Transition throughout the night.

Swim Start:

- **Half-Iron** swim start at 7:30am Lake Midnapore
- You can park at Southview Alliance Church parking lot (Southview Alliance Church, 20200 Walden Blvd) and you will be bused back to the lake, bus service will begin at 6am. It's a 10 min ride to the lake.
- Your bike will be in transition from the night before. Bring your bike bag with you to T1 in the morning and you can set up your gear at your bike
- Your bike location will be reflective of your bike number, so look for the rack. Each rack will be in 5 number increments, find your spot.
- You will be given a dry bag for your dry gear that can be dropped at the lake for transition back to T2
- You will place your run bag at your bike location in T2 before you leave for T1 in the morning

- **Olympic** swim starts at 8:45am Lake Midnapore
- Park at Southview Alliance Church parking lot Southview Alliance Church, (20200 Walden Blvd) and you will be bused to the lake. Bus service begins at 6am but we would provide service to the Long Course athletes first
- Your bike will be in transition from the night before. Bring your bike bag with you to T1 in the morning and you can set up your gear at your bike
- Your bike location will be reflective of your bike number, so look for the rack. Each rack will be in 5 number increments, find your spot.
- You will be given a dry bag for your dry gear that can be dropped at the lake for transition back to T2
- You will place your run bag at your bike location in T2 before you leave for T1 in the morning

Bike Times:

- The bike course will be closed at noon for all athletes

- The bike course has been re-routed, instead of using Stoney Trail west to Macleod Tr. south we will be going straight through into Chaparral Blvd, Walden Blvd to 210 Ave west to Macleod Trail. We will have a lane closed right through to the traffic circle in Walden and then again on 210 Ave. The City of Calgary Police Department will be controlling all controlled intersections. As always please be cautious traveling through any controlled intersections. Eyes open and ears in tune.
- Aid stations will only be on the Half-Iron course, 3 locations

Run Times:

- Run course will close at 4pm
- On the city streets we will have a designated lane closed off for you to run on.
- In Fish Creek Park the pathway will be shared with other users so be courteous
- There will be aid stations at 2k, 4k, 6k, 8k

What is Chinook Triathlon Festival

Chinook Triathlon Festival is an adhoc “not for profit” group raising money for the development of youth sports predominately in the sport of Triathlon. Over our tenor we have raised in excess of \$100,000. We are very proud of the contribution we have made to date and hope to continue building on that commitment going forward.

I’m sure there will be more questions and I might have raised a few more with this update. I’ll cover all the bases as we move forward. Race logistics will be emailed in the coming weeks.

As your Race Director, I wish you all the best in your training and so much look forward to seeing you at the start line and more importantly at the finish line with a massive grin on your face.

Thank you for now
Mike Bock
Race Director